



COUNTY OF KENOSHA

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FOR IMMEDIATE RELEASE

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H1N1 (SWINE FLU) CASES CONTINUE TO INCREASE IN KENOSHA COUNTY *Local Public Health Officials Recommend Good Hygiene Practices*

Kenosha – June 22, 2009 – As summer begins in Kenosha County, the number of confirmed cases of H1N1 (Swine Flu) has passed the 100 mark. Local health officials urge residents to stay vigilant on practicing good hygiene which includes washing your hands, covering your cough, and staying home when you're sick to avoid infecting others.

The H1N1 virus spreads by airborne transmission mainly through the coughs and sneezes of people who are sick with the virus, similar to seasonal influenza. Influenza is especially dangerous for individuals with pre-existing conditions which put them at greater risk for complications.

Symptoms of H1N1 (Swine Flu) include:

- fever greater than 100 degrees
- body aches
- coughing
- sore throat
- respiratory congestion
- and in some cases diarrhea and vomiting

Local health officials are encouraging individuals to contact their healthcare provider if they are experiencing any of the symptoms to receive antiviral treatment. Ill individuals may not be tested for the virus because testing has been limited to those with severe symptoms, those who are hospitalized with severe respiratory illness, healthcare workers, and ill residents of long-term care facilities or prisons.

For more information please contact the Kenosha County Division of Health at (262) 605-6700 or www.co.kenosha.wi.us/.

For more information about and H1N1 (swine flu): <http://www.cdc.gov/h1n1flu/>.

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