



COUNTY OF KENOSHA

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FOR IMMEDIATE RELEASE

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“SPREAD THE WORD, NOT THE FLU”
Kenosha County Division of Health Plans for H1N1 Flu this Fall

Kenosha – August 24, 2009 – The Kenosha County Division of Health is urging residents to “Spread the Word, Not the Flu.” Communicating the importance of proper hygiene practices is essential in reducing the spread of H1N1 Flu (swine flu), which is anticipated to return this fall. Wash your hands, cover your cough, stay home when sick, and get your seasonal influenza vaccine is the mantra.

The Kenosha County Division of Health has been planning for a H1N1 Flu resurgence by holding several roundtable sessions with numerous community partner agencies. These include local businesses, schools, daycare centers, health care providers, and long term care facilities. These sessions will provide an opportunity to discuss the H1N1 Flu situation in Kenosha County, review specific guidance, and plan for distribution of the H1N1 vaccine.

The Division of Health has also developed a H1N1 Flu link to their website. This updated website includes links for the general public, along with specific information for selected partner agencies. This website can be found at <http://www.co.kenosha.wi.us/dhs/Divisions/Health/NavPages/SwineFlu.php>.

The H1N1 virus spreads by airborne transmission mainly through the coughs and sneezes of people who are sick with the virus, similar to seasonal influenza. Influenza is especially dangerous for individuals with pre-existing conditions which put them at greater risk for complications.

Symptoms of H1N1 Flu (swine flu) include:

- fever greater than 100 degrees
- body aches
- coughing
- sore throat
- respiratory congestion
- diarrhea and vomiting in some cases

Local health officials are encouraging individuals to contact their health care provider if they are experiencing any of the symptoms to receive antiviral treatment. Ill individuals should remain at home for at least 24 hours after fever is gone without the use of fever-reducing medications.

For more information please contact the Kenosha County Division of Health at (262) 605-6700 or (800) 472-8008.

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