



COUNTY OF KENOSHA

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When to Keep Your Child at Home

How can we limit the spread of H1N1 virus (swine flu)?

The most important thing is to keep sick people away from healthy people. So if your child is sick, you must keep your child home. Staying home when sick stops the spread of the flu and helps the sick person get well.

Answer these questions every morning before sending your child to school or daycare:

1. Does your child have a **fever** (100° F or 37. 7°C)? If you don't have a thermometer, feel your child's skin with your hand. If it is much warmer than usual your child probably has a fever.
2. Does your child have a **sore throat, cough, runny nose, body aches, vomiting, or diarrhea?**

If you answered "yes" to both questions above, your child might have the flu. Keep your child home from school for at least 24 hours after they are free of fever without the use of fever-reducing medication.

When should my child go to the doctor?

Call your health care provider if your child is ill enough that you would normally see a health care provider. Use the same judgment you would use during a normal flu season. If you would not usually see a health care provider for the symptoms your child has now, you do not need to see a health care provider.

If you need medical care and don't have a medical provider or health insurance, call the Kenosha Community Health Center at (262) 656-0044. You will not be asked to provide proof of your immigration status.

For more information and on-going updates:

- Kenosha County Division of Health – www.co.kenosha.wi.us or (262) 605-6700
- Centers for Disease Control and Prevention - <http://www.cdc.gov/h1n1flu/>.